

## Whitewater Important Info

### IMPORTANT INFORMATION

If you are rafting with us:

**HOW LONG IS THE RAFTING TRIP?:** It's hard to be precise, because trip lengths vary from day to day, based on temperatures, wind speed, weather conditions, river flow, and the group itself. Also check out the FAQ's link -- Frequently Asked Questions.

Lehigh River: 3-4 hours on the river, 5-6 hours of your day

**HOW ROUGH IS THE WATER?:** This also varies from day to day, depending on recent rainfall, discharges from the dam, the effect of downstream tributaries, and so on.

**SAFETY:** Nothing is more important to us than your safety. Safety has always been our highest priority, and our unparalleled record over the past three decades demonstrates the effectiveness and value of a guide training program that serves as a model for others in our industry.

**PROPER FOOTWEAR:** Flip-flops, flimsy or loose-fitting sandals, "crocs" and bare feet are NOT permitted on the river. Old sneakers are the best. Sturdy sandals (like TEVA's) are acceptable. Appropriate footwear can be purchased or rented at our Rafting Center.

**WHAT NOT TO TAKE IN YOUR RAFT:** Leave dry clothes and towels in your car for after the trip. Don't take in your raft any valuables, keys, coolers, alcohol, glass containers, pets, or cameras that aren't waterproof. Car keys can be left at the rafting center.

**WHAT TO WEAR & BRING:** You WILL get wet. On warmer days, a swim suit or T-shirt and shorts are fine. Sunscreen and a visor or brimmed hat are always a good idea. In cooler weather a windbreaker is useful. Avoid cotton, especially sweat shirts and sweat pants, which will actually make you colder. If wearing glasses, be sure to secure them with reliable glass-straps. Wetsuits are available at the rafting center.

**SOUVENIR PHOTOS:** We try to capture a photo of each raft in the rapids. You can purchase these at our Rafting Center after the trip. Or if you rafted the Lehigh River order them online after you get home.

**WATERPROOF HI-DEF VIDEO CAMERAS:** What a great way to document your adventure! Be sure to post your video online and share with your friends.

**OUTFITTER SHOP:** Our outfitter shop carries souvenir shirts and caps, and an assortment of items you might want or need for your trip. Take a moment to browse, before and after your tour.

**WAIVER FORMS:** Waiver forms must be completed by each individual, for the adventure activities we offer. These forms can be found online and completed in advance, if

#### Whitewater Important Info

you wish. Blank forms are also available at the Rafting Center.

If you are biking with us at the Lehigh River:

**WHAT TO TAKE:** You might want to take a light snack, extra beverage, sunscreen and a light windbreaker. Use a backpack to carry any extra gear, food or accessories.

**PHOTOS:** There are plenty of great photo opportunities along this trail route through the Lehigh Gorge. We recommend you take lots of pictures and video and post them to your social media pages!

**HOW DIFFICULT IS THE TRAIL?:** The Lehigh Gorge trail is a spectacular, 2% downhill ride with scenic vistas all along the route. You'll find this both enjoyable and very manageable, even at a leisurely pace.